

Coaching with Harry

Coaching Agreement and Informed Consent

This document constitutes the contract between us. Please read the entire document carefully and raise any questions or concerns you may have prior to signing.

The Roles of Coach and Associate:

The relationship between a coach and an associate is that of peers. Harry Colegrove is a coach, not a physician or licensed therapist and will not attempt to provide diagnosis or treatment. The coaching relationship is always about the agenda of the associate. Harry will listen, reflect, ask questions, and give perspectives and options.

It is the job of a Coach to tell the truth 100% of the time, from a viewpoint of compassion and an intention of the well-being of the associate. Occasionally this may take the form of confronting the associate with a truth that they may prefer to avoid or deny. A coach offers the associate a mirror that has no judgments attached.

Call procedure:

The associate will call Harry at the agreed upon time unless other arrangements are made. Sessions will last no more than one hour, and depending on the session and the input of the associate the session may last less. The associate is asked to be fully prepared for each session, tell the truth without blame or judgment, and be open to outcome rather than attached to outcome.

Cancellations and changes:

The associate is asked to give 24 hours' notice should the need to cancel or change the time of an appointment arises. If a call is missed without cancelling or rescheduling, the associate may be responsible for the normal coaching fee.

Coaching frequency:

Typically coaching sessions are scheduled on a bi-weekly basis, however this can be customized to the needs of the associate. Between sessions the associate has unlimited access to Harry via e-mail and may make brief (five to ten minutes) calls to share victories or ask questions.

Fees:

There is no fee for the first coaching session, and once a plan is agreed upon coaching sessions will be charged at the normal rate of \$50 per session for individuals, \$75 per session for couples, and \$100 per session for families/groups. Fees for coaching sessions must be paid in advance by the first day of the month in which services are provided unless an alternative arrangement is agreed upon. Fees may be paid by mailing a check to Harry Colegrove, 32 Shaffer Hill Road, Liberty PA 16930.

Termination:

The coaching relationship may be ended by either party at any time for any reason. Fees for any sessions that have not been held will be refunded. Fees for sessions that have already been held, or which were cancelled without sufficient notice, will not be refunded.

Confidentiality:

As a coach Harry Colegrove is ethically bound to protect the confidentiality of all communications with coaching associates. Information will only be released to others with the written consent of the associate or if ordered by a court of law. There are some situations in which Harry is obligated to breach confidentiality in order to protect others from harm. If information is received that indicates that a child or elderly or disabled person is being abused, that information must be reported to the appropriate agency. If an associate is an imminent risk to themselves or makes threats of imminent violence against others, protective action will be taken. Such situations are quite rare in a coaching practice and if such an incident occurs every effort will be made to discuss the situation before any action is taken.

Signature:

The signature of the associate below indicates that they have read the information in this document and agree to its terms and conditions. By signing the associate agrees that the results of coaching cannot be guaranteed and that they will hold Harry Colegrove free from all liability for any actions or results created as a direct or indirect result of a referral or other advice given by Harry Colegrove. Please mail the signed form before the first paid session.

Coach

Date

Associate

Date